

## World TB Day observed in Budgam.



**BUDGAM, March 24:** In order to commemorate World TB Day, DDC Budgam, Mir Altaf Ahmed yesterday evening flagged a candle light march from CMOs office to Budgam Main Bus Stand. The event was organized by District T.B society Budgam.

Speaking on the occasion District Development Commissioner, Budgam stressed on the need to conduct awareness throughout the year not just by symbolic observance of the day but by awareness at grass root levels. He exhorted upon the concerned to involve youth, NGOs and students in the endeavor to create awareness and thereby free the society from tuberculosis.

Dr Adfar Yaseen, District Tuberculosis Officer Budgam, said that TB is still a taboo for many people especially women and as a result they are not forthcoming with their problems which is a big bottleneck in this endeavor. “Our health workers work hard to maintain such relationships with patients who don’t want to talk freely about it. Their medicine is given to them at a place where a patient wants. Sometimes they don’t come, so we call them and ask them to take medicines.” According to officials, despite the hurdle, tuberculosis in women has been controlled to a large extent.

Dr Adfar said that tuberculosis was also one of the leading causes of sterilization among women. She said that with the help of counseling and awareness programs, many lives were saved. “We tell patients about medicines and precautions. As this disease is curable so we also work on to remove social stigma attached to it.”

**Sd/-**

**District Information Officer  
Budgam.**